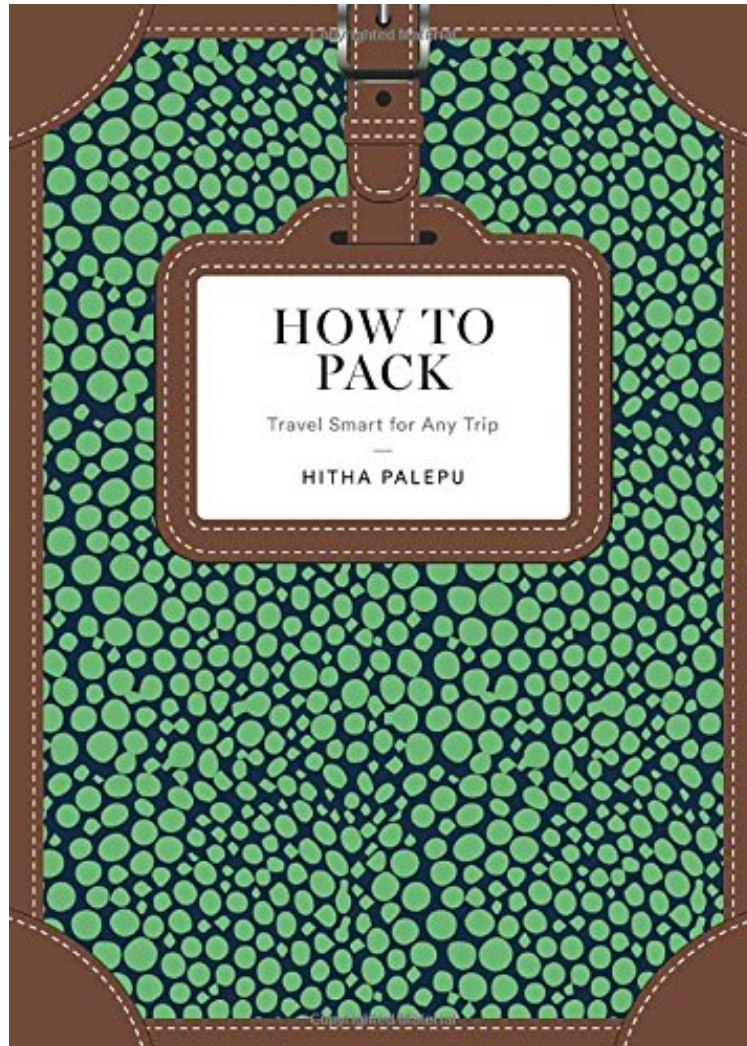


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## How to Pack: Travel Smart for Any Trip

*Hitha Palepu*

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**Hitha Palepu : How to Pack: Travel Smart for Any Trip** before purchasing it in order to gauge whether or not it would be worth my time, and all praised How to Pack: Travel Smart for Any Trip:

0 of 0 people found the following review helpful. Don't Get the Kindle Version By Customer This is specifically for the Kindle version. The content of the book is good. Simple rules of packing to follow so you don't overpack (which is my constant travel problem). It's a quick read; I skimmed through the whole book in about an hour. But the Kindle version is not well done compared to the hardback. The graphics are misaligned, it looks sloppy and amateurish in kindle form (and it's more expensive). Wish I'd bought the hardback. 0 of 0 people found the following review helpful. Four Stars By Robert Mitchell good 8 of 8 people found the following review helpful. Good for business women who travel a lot By Treenz This cute little book is appealing to pick up - itself looking like a fancy piece of luggage with the title in

the luggage tag. It opens up, following the same theme with a box saying 'in case of loss, please return to....' as you would have in luggage also. As a seasoned traveller for many years, I was intrigued as to what she would say. My type of travel was not business like hers however. She starts off with finding your packing personality - which, to be honest, I found a bit lame and like it was just a filler for the book. A lot of the book, to me, felt like filler - but then again a whole book on how to pack for some trips is a stretch. The Packing Timeline is fairly useful to help people feel organized over a period of seven days before leaving. She talks about the types of clothing you need and what to consider and planning outfits ahead. She provides removable packing lists at the back of the book. The whole book seems a light touch on the whole topic - but would be helpful for someone who travelled a lot for business as she did. Hitha mentioned at one point she was traveling three weeks of every month. Her tips are definitely helpful in this context. For me, not a lot of it was new. I hadn't heard about the TSA thing she mentioned where people can skip the security lines before boarding. Also the option of ordering a vegetarian meal/vegan is a good idea as it's healthier and you get served first - something else I'll take away from the book. Aside from those two things, for me at least, there wasn't much else that was overly new. Much of my travel has been 12 hour plus flights so the idea of the inflight spa type stuff - where she talks about beauty lotions and hydrating skin care for in flight as a treat, is something I've done for years. On the whole - would I recommend it? I would only recommend it if you are new to travel and are female and have to travel a lot for business. This would be great for that particular niche. For others, you may get tidbits from it. It does discuss the value of different types of carry-on cases etc so there is lots of basic stuff that would be good for newbies. Please note that I was sent a copy of this book in exchange for my review, however the opinions expressed are entirely my own.

Its time to pack perfect. Every trip, every time. Your journey starts here. When you travel, the journey is just as important as the destination and packing is the first step. In *How to Pack*, Hitha Palepu, a former consultant who has traveled more than 500,000 cumulative miles around the world, shows that what and how you pack are who you are. Confidence and comfort inspire success upon arrival, whether you're exploring a new city, hoping to nail a job interview, or relaxing on a beach. In *How to Pack*, you'll learn about: Power Pieces vs. Fantasy Pieces: How clothing earns its place in your suitcase The Accessory Math Secret: The precise formula for all you need to finish off your outfits Folding versus Rolling: What's right for which items Globetrotter Gorgeous: Editing your beauty routine while still looking great The Packing Timeline: How to avoid I'm forgetting something syndrome Pack Perfect Lists: Samples and blanks for any kind of trip

"If you have the time to invest in following Palepus tips for packing smarter, do it, do it, do it." --People.com  
About the Author Hitha Palepu is an entrepreneur and a writer with extensive global experience in the life sciences, travel, and technology fields. She is the founder of Hitha On The Go, a lifestyle website founded in 2009 focused on helping women live their best lives. Hitha currently serves as the cofounder and chief operating officer of Bridge2Act, a start-up technology company enabling charitable giving in a rapid, easy, and more informed manner. The company launched NO.GIFTS, a platform for people to gift their special days to amazing causes. Prior to founding Bridge2Act, Hitha served as vice president, Business Development, for SciDose, a research-focused pharmaceutical company specializing in developing enhanced formulations for existing oncology and hospital injectable products. She was responsible for worldwide licensing of the SciDose portfolio and closed numerous deals totaling over \$300 million in several diverse geographic areas. Hitha graduated from the University of Washington with degrees in biochemistry and history. She lives in New York with her husband and son.