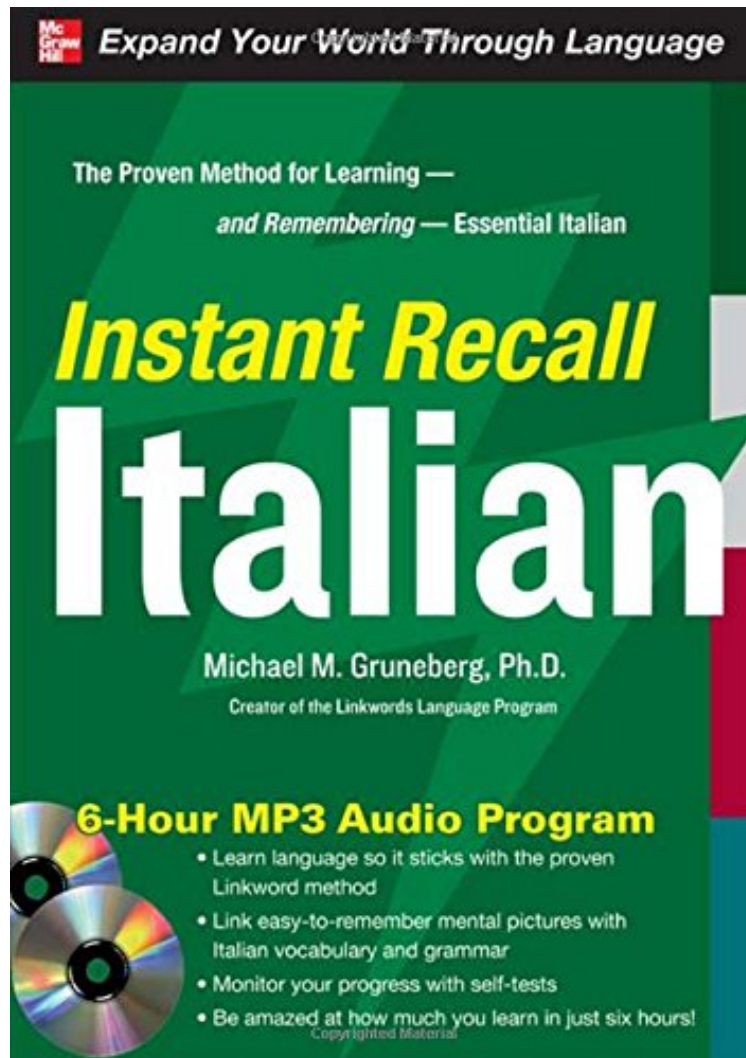


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## Instant Recall Italian, 6-Hour MP3 Audio Program

*Michael Gruneberg*

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Learn and remember Italian words A simple new way to increase your foreign-language vocabulary . . . -Nada El Sawy, Newsweek Developed by memory expert Dr. Michael M. Gruneberg, Instant Recall Italian offers a proven method to help you build vocabulary and learn basic grammar instantly. All you need to do is listen, picture mental images, and then respond to the tests. For example: The Italian for full is pieno. Imagine being so full that you have to rest on a piano; then keep this picture in your mind for about 10 seconds, until the next word is presented. After a set if

8 to 10 words, you are tested on what you have learned. Within 10 to 12 hours, you will have a solid foundation of vocabulary and grammar to communicate confidently.

About the Author Michael Gruneberg, Ph.D., is an internationally respected authority and author on memory enhancement. He is the past president of the International Learned Society for Applied Research in Memory and Cognition.