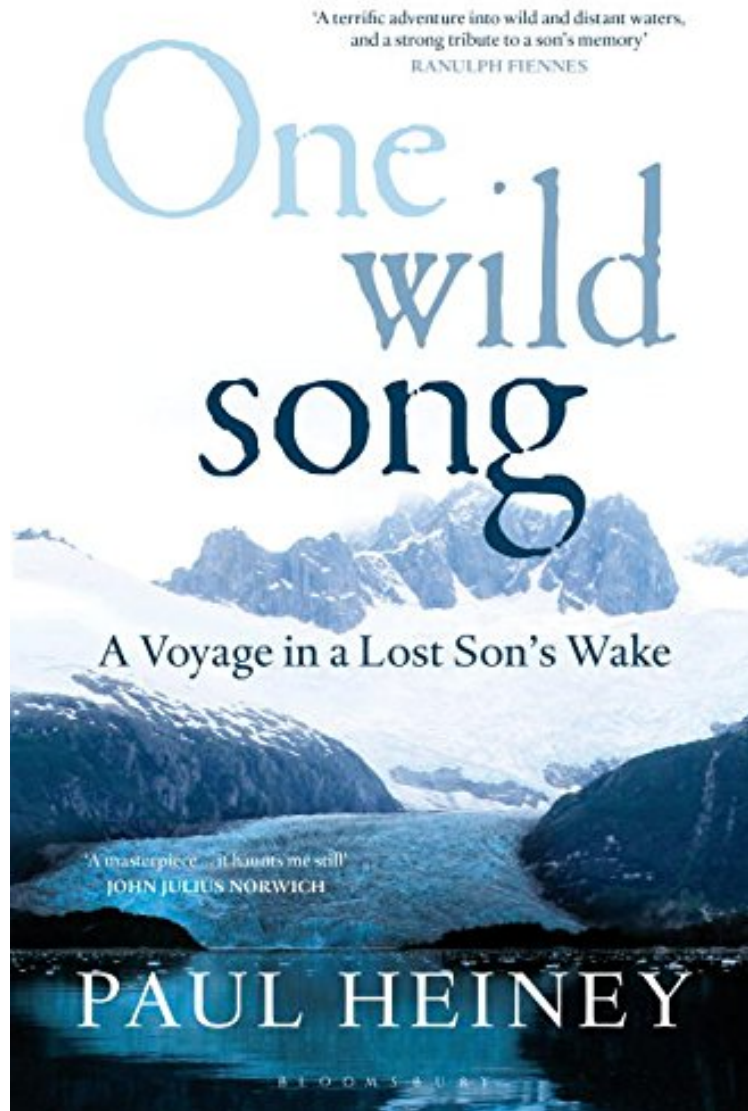


(Download pdf) One Wild Song: A Voyage in a Lost Son's Wake

One Wild Song: A Voyage in a Lost Son's Wake

Paul Heiney

*DOC | *audiobook | ebooks | Download PDF | ePub*



[Download](#)

[Read Online](#)

#2097979 in Books 2015-09-08 2015-09-08 Original language: English PDF # 1 .38 x .92 x 6.25l, 1.15 #File Name: 1472919483240 pages | File size: 69.Mb

Paul Heiney : One Wild Song: A Voyage in a Lost Son's Wake before purchasing it in order to gauge whether or not it would be worth my time, and all praised One Wild Song: A Voyage in a Lost Son's Wake:

3 of 3 people found the following review helpful. A brave story of two adventures By D H O'Brien A touching, well written story of a man's exploration both the oceans and his own feelings of his son's death. 0 of 0 people found the following review helpful. A beautifully written book which allows the reader to experience the ... By Customer A beautifully written book which allows the reader to experience the beauty and reality of the journey being made both

on a personal level and as a sailor

When British television presenter Paul Heiney's son, Nicholas, committed suicide at age 23, Paul and his wife, Sunday Times columnist Libby Purves, were rocked to the core. Although he had struggled with severe depression for many years, Nicholas had been a highly gifted and promising young man. Among other things, Nicholas was a keen sailor, with several of his posthumously-published writings having a nautical theme. To try to reconnect with this happier memory of his son, Paul decides to set out--alone--on a voyage he would have liked them to have embarked upon together. Cape Horn is the sailor's Everest: One of the most remote and bleak parts of the world, it takes courage, physical strength, and mental fortitude to face its tempestuous seas, violent winds, and barren landscape. During the voyage, Paul finds peace of mind and a way to face the future without his son. Poignant, moving, funny, thought-provoking, and beautifully written, Paul's account of setting his own course through seemingly insurmountable grief makes for a powerful story. Injected with humor, perceptiveness, and philosophy, recounting his highs, lows, frustrations, and triumphs, the honesty and openness of Paul's story makes this very personal account a universal tale--for sailors and non-sailors alike.

"A terrific adventure into wild and distant waters, and a strong tribute to a son's memory. Paul Heiney's story is a new classic of small-boat seafaring and a fine description of the deep south." Sir Ranulph Fiennes "One Wild Song is a little masterpiece--sometimes thrilling, sometimes hilarious, sometimes almost unbearably moving . . . A wonderfully told story of the sea, shot through with an author's anguish at the loss of a beloved (and hugely talented) son. I have never read anything like it before and it haunts me still." John Julius Norwich "A wonderful book, finely considered and beautifully written, that does not spare us the considerable trials of small-boat voyaging, nor the struggle to make sense of the incomprehensible nature of loss. It is an absorbing, moving journey which explores the wonders and frustrations of the sea as powerfully as it explores the mysteries of the human spirit; a journey which ends where all true journeys should end, with a greater measure of peace and understanding." Clare Francis "The wilds of ocean, island, and glacier offer danger and wonder on this 18,000-mile pilgrimage. National Geographic Traveler" "The book is poignant, never maudlin, and has excellent descriptions of sailing the Beagle Channel and Cape Horn. Sailing" "Conveys the weight of grief, salted with moments of humor and the highs and lows of sailing through storms and vast expanses of water. Soundings Publications" "Extraordinarily well-written with honesty, power, and surprising humor, the book is testament to the healing power of the sea amidst seemingly insurmountable grief." Practical Sailor About the Author Paul Heiney has been a TV and radio broadcaster for over thirty years. He was a presenter on *That's Life!* from 1978 until 1982, and more recently has presented *Watchdog* on BBC 1. He currently presents the ITV primetime show *Countrywise*. He wrote a weekly column for *The Times* for seven years and has written over a dozen books, both fiction and non-fiction. His popular science book, *Can Cows Walk Down Stairs?*, has been a bestseller in fifteen languages.