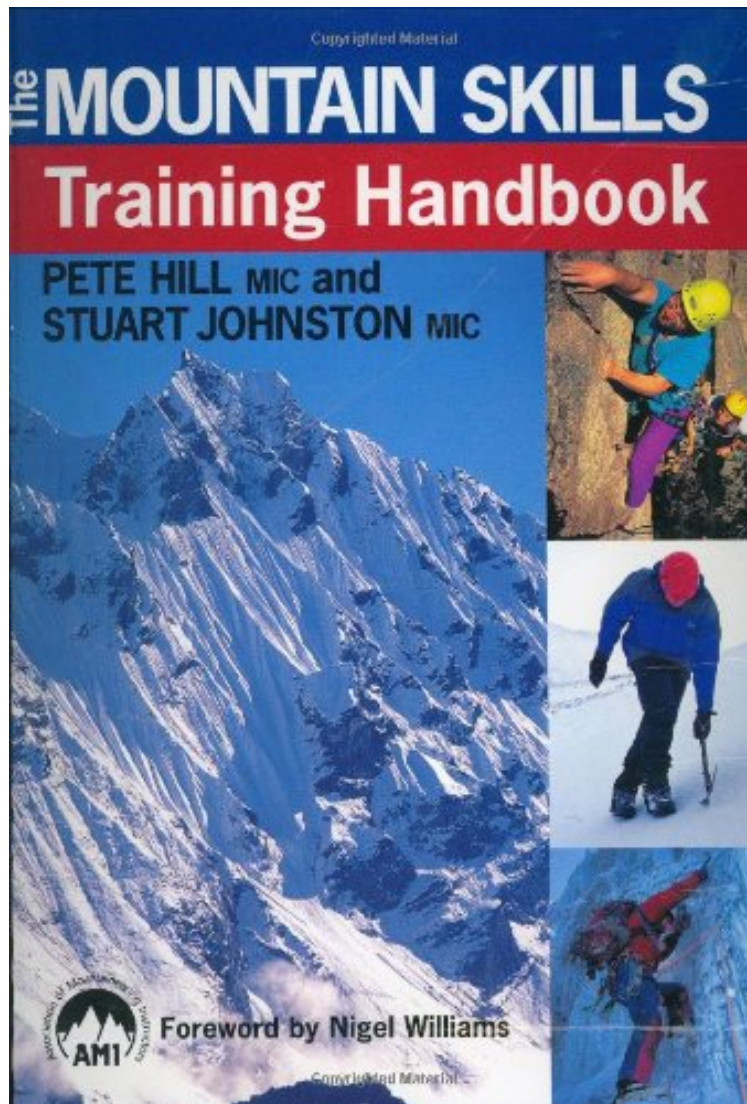


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The Mountain Skills Training Handbook

Pete Hill, Stuart Johnston

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Pete Hill, Stuart Johnston : The Mountain Skills Training Handbook before purchasing it in order to gage whether or not it would be worth my time, and all praised The Mountain Skills Training Handbook:

The book delivers an interactive learning style that enables a broad selection of users to relate to its content, and will become invaluable for both instructors and enthusiasts. The techniques, methods, and tips described and illustrated have derived from the authors' own experiences of delivering quality instruction at the highest level, and from studying

and discussing good working practices from a broad range of other active top level practitioners.

About the Author Pete Hill (MIC, FRGS), has climbed extensively throughout Europe, Africa, Nepal and India, including a number of first ascents in the Himalayas. He runs his own business, Highlander Mountaineering, and is an associate instructor with Glenmore Lodge, Scotland's National Mountain Training Centre. Pete is a member of the Alpine Club, a Fellow of the Royal Geographical Society and Chairman of the Association of Mountaineering Instructors. Pete lives in Glenlivet in the Highlands. Stuart Johnston (MIC), instructor and consultant has been a full member of the Association of Mountaineering Instructors since 1992. He is also an associate member of staff at Glenmore Lodge. Stuart's expertise embraces all aspects of mountaineering including mountain rescue. An accomplished mountaineer, he has climbed extensively throughout the UK, Europe, and the Himalayas. Based in Perth, Scotland, today Stuart continues a full-time career in mountaineering instruction.