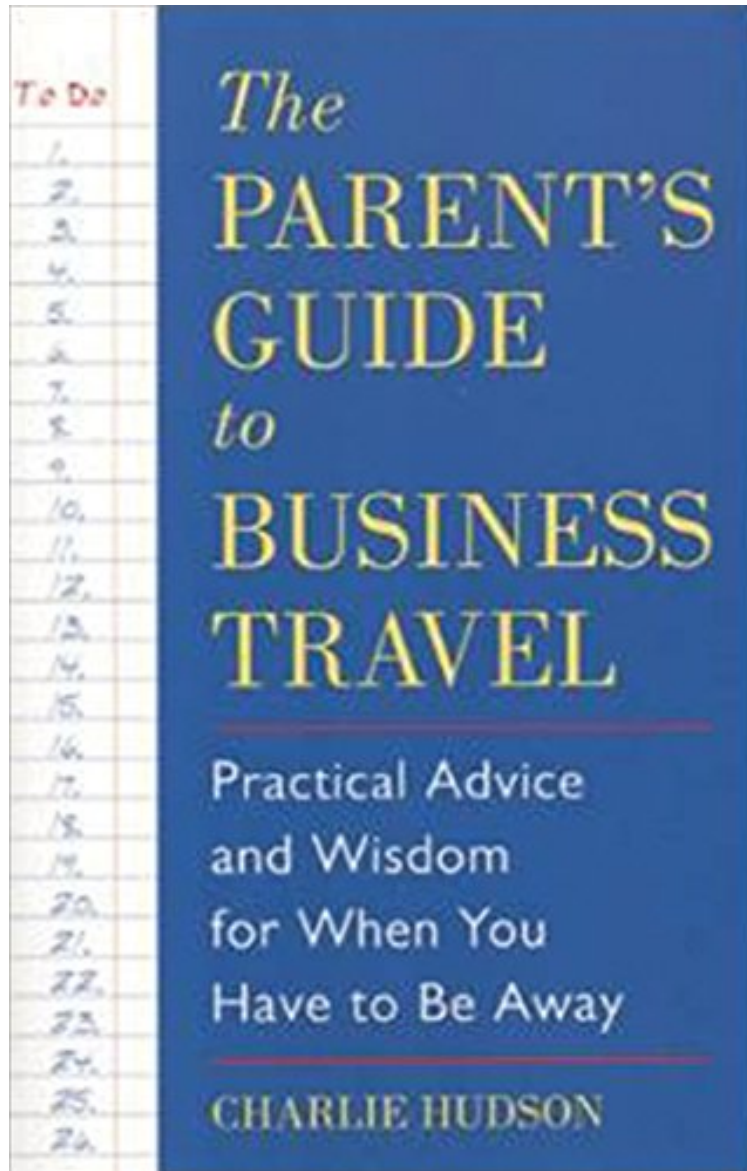


[E-BOOK] The Parent's Guide to Business Travel: Practical Advice and Wisdom for When You Have to Be Away (Capital Ideas)

The Parent's Guide to Business Travel: Practical Advice and Wisdom for When You Have to Be Away (Capital Ideas)

Charlie Hudson

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Charlie Hudson : The Parent's Guide to Business Travel: Practical Advice and Wisdom for When You Have to Be Away (Capital Ideas) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Parent's Guide to Business Travel: Practical Advice and Wisdom for When You Have to Be Away

(Capital Ideas):

2 of 2 people found the following review helpful. A few good nuggets
By PriceIsRightAs I prepare to return to the management consulting world of weekly travel, I've been looking for insights into how to make the work life balance manageable now that I'm married and have two young children. The book had some good practical insights -- speaking to numerous anecdotes of parents experiences with their travels, and strategies for coping -- but was largely a disappointment for me as a corporate executive for three reasons: 1. The book has a very strong military focus (which the author acknowledges in the introduction), and seemed to continually tap into military examples of long stints away from the family rather than the more common private-sector routine of weekly trips away. 2. The author devotes a surprising number of pages to detailed discussions of technology, a topic she admits not being expert in, walking the reader through technology options like web cameras, digital cameras, and mp3 players with simple suggestions for how they can be used to communicate or ease the sting of travel. Even modestly tech-savvy readers will likely find this discussion elementary. 3. Much of the book seemed to focus more on what kids are likely going through at various stages than on tools for coping and making business travel easier to manage. All that said, I found the book valuable in helping me better envision the challenges we will likely face with my young children, and it helped to reduce some of my anxiety for the likely impact of travel on our children's well-being.

0 of 0 people found the following review helpful. This is one of those essential books that should be readily
By Midwest Book Review There's a never ending flood of travel advisory books, and an even greater annual deluge of parenting titles. But now there is one which is as highly recommended as it is unique -- a "how to" and "what to" guide for the parent who must travel, leaving kids and spouses at home. Not to mention the growing number of single parents who's career obligations and job duties necessitate the occasional out-of-town trip. The Parent's Guide To Business Travel: Practical Advice And Wisdom For When You Have To Be Away by wife, mother, and military veteran Charlie Hudson truly lives up to its title with an enormous range of "tips, tricks and techniques" from the time a parent must leave an infant to the ultimate evolution of family life to the empty-nest scenario. With illustrative anecdote, practical ideas, and time-tested advice, The Parent's Guide To Business Travel is "must" reading for any father and/or any mother who has ever had to spend a night, a weekend, a week, or even longer, away from their home and children. Simply put, this is one of those essential books that should be readily available and on the parenting shelf every community library in the country.

0 of 0 people found the following review helpful. Perfect for traveling parents
By P. Modlitba I recently started doing research on remote interaction with young children and have been looking for literature that can help me understand what it is like to be a traveling parent (I am not even a parent). I tried several books, but it was not until I stumbled upon Charlie Hudson's book that I found what I was looking for. Mrs Hudson not only explains everything very thoroughly and clearly, she backs everything up with literature references, own or other's real-life experiences. She also divides the book into age-chapters, knowing that a 3-year-old is very different to a 12-year-old. The book is easy to read, but still feels very thorough and reliable. I simply love it!

An essential information-packed book for any parent who travels for work. The Parents Guide to Business Travel explores the dynamics of today's business parents and offers down-to-earth suggestions from that first time a parent leaves an infant all the way through the sudden realization of becoming an empty-nester. Arranged by the age of children, topics range from how to explain an absence to a toddler to the unsettling decision of when, and if, it's okay to leave a teenager alone for one or more nights. An insightful collection of anecdotes and practical ideas, the book also includes checklists and charts for parents and children to complete.

REVIEWS "There's a never ending flood of travel advisory books, and an even greater annual deluge of parenting titles. But now there is one which is as highly recommended as it is unique -- a how to and what to guide for the parent who must travel, leaving kids and spouses at home. Not to mention the growing number of single parents who's career obligations and job duties necessitate the occasional out-of-town trip. The Parent's Guide To Business Travel: Practical Advice And Wisdom For When You Have To Be Away by wife, mother, and military veteran Charlie Hudson truly lives up to its title with an enormous range of tips, tricks and techniques from the time a parent must leave an infant to the ultimate evolution of family life to the empty-nest scenario. With illustrative anecdote, practical ideas, and time-tested advice, The Parent's Guide To Business Travel is must reading for any father and/or any mother who has ever had to spend a night, a weekend, a week, or even longer, away from their home and children. Simply put, this is one of those essential books that should be readily available and on the parenting shelf every community library in the country."

Midwest Book Review, 2004/08 "Most business owners take at least one overnight business trip per year. For those who must leave young children behind while they take care of business, here are some suggestions for easing separation anxiety, offered by Charlie Hudson, a mother and military veteran who is the author of "The Parents Guide to Business Travel." Family Business Magazine, Family Business Magazine, 2005/05 "Few other guides address the many problems travel separations bring to families: Hudson discusses ways of keeping family connections alive while on the road for all ages of kids, outlines common problems and solutions, and discusses both expected and unexpected absences. An invaluable guide." Midwest Book Review, Midwest Book Review, 2005/09 "Charlie Hudson, author of The Parents'

Guide to Business Travel says national statistics show one in four working adults will spend at least one business trip away from home a year." Evelyn Jackson, The Cape Cod Times, 2005/09/04

"Charlie Hudson, author of *The Parents' Guide to Business Travel* says national statistics show one in four working adults will spend at least one business trip away from home a year." "Few other guides address the many problems travel separations bring to families: Hudson discusses ways of keeping family connections alive while on the road for all ages of kids, outlines common problems and solutions, and discusses both expected and unexpected absences. An invaluable guide." "Most business owners take at least one overnight business trip per year. For those who must leave young children behind while they take care of business, here are some suggestions for easing separation anxiety, offered by Charlie Hudson, a mother and military veteran who is the author of *The Parents Guide to Business Travel*." "There's a never ending flood of travel advisory books, and an even greater annual deluge of parenting titles. But now there is one which is as highly recommended as it is unique -- a how to and what to guide for the parent who must travel, leaving kids and spouses at home. Not to mention the growing number of single parents who's career obligations and job duties necessitate the occasional out-of-town trip. *The Parent's Guide To Business Travel: Practical Advice And Wisdom For When You Have To Be Away* by wife, mother, and military veteran Charlie Hudson truly lives up to its title with an enormous range of tips, tricks and techniques from the time a parent must leave an infant to the ultimate evolution of family life to the empty-nest scenario. With illustrative anecdote, practical ideas, and time-tested advice, *The Parent's Guide To Business Travel* is must reading for any father and/or any mother who has ever had to spend a night, a weekend, a week, or even longer, away from their home and children. Simply put, this is one of those essential books that should be readily available and on the parenting shelf every community library in the country. About the Author As a military veteran, wife, and mother, Charlie Hudson knows the subject matter of family separation well. Her extensive 22-year career in the Army Ordnance Corps included deployments to Saudi Arabia for Operations Desert Shield and Desert Storm and to Haiti in support of Operation Uphold Democracy. Even in peacetime, several of her assignments required lengthy absences for either herself or her husband. She retired from the armed services in 1995 as a lieutenant colonel and now balances writing with her work as a senior logistics analyst, which includes working with her husband, Colonel Hugh Hudson, in support of Operations Noble Eagle and Enduring Freedom in the war against terrorism. Hudson has a BA in political science, and MS in organizational development, and is a graduate of the U.S. Army War College. She is a charter member of both the National Womens Museum of Art and the Women in the Military Service of America Foundation. Hudson is also a member of the Washington Independent Writers and the VII Corps Desert Storm Veterans Association. She is the author of several articles and the books *Orchids in the Snow* (Perrico, 1998) and *Shades of Murder* (Briarwood, 2002).