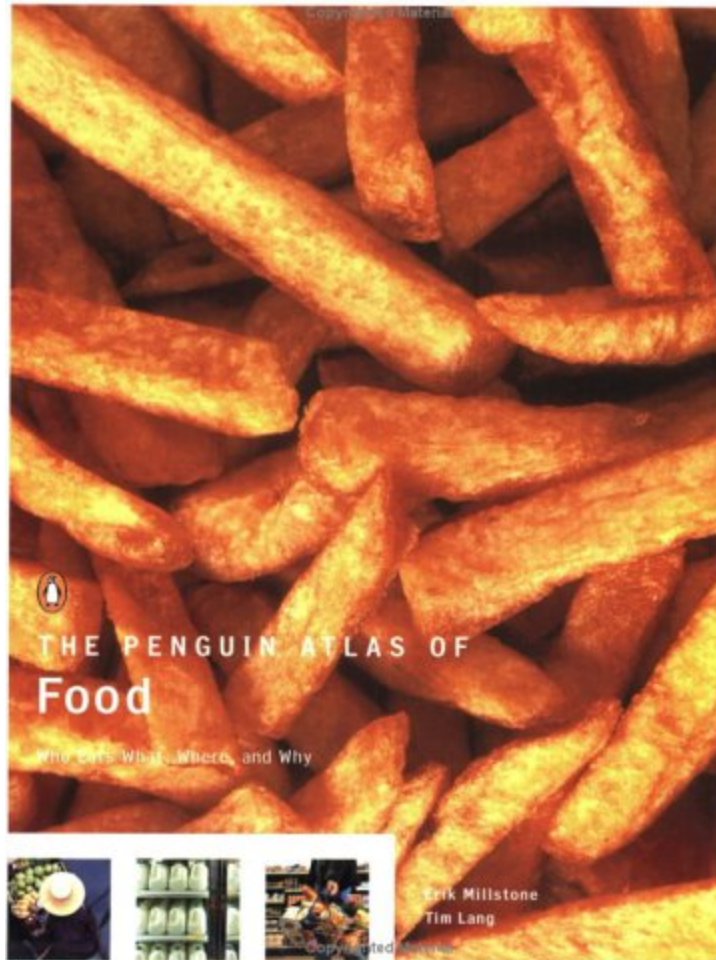


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# The Penguin Atlas of Food: Who Eats What, Where, and Why

*Eric Millstone*

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**Eric Millstone : The Penguin Atlas of Food: Who Eats What, Where, and Why** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Penguin Atlas of Food: Who Eats What, Where, and Why:

6 of 6 people found the following review helpful. simple and direct on food and agricultureBy Francesco LovecchioThe Atlas of food is not a cookbook but a cursory view of food and agriculture around the world in 100 pages or so. Rich of tables, charts and histograms of different shapes and colors, it provides a basic knowledge on food industry. The book is divided into five parts: Contemporary Challenges (population and productivity, environment, consuming diseases, over and under-nutrition in the world, and food aid); Farming (mechanization, animal feed, genetic modification, pesticides, fishing, biodiversity and sustainable farming); Trade (flows, animal transport, food miles, subsidies, trade disputes, fair trade); Processing, Retailing and Consumption (staple foods, processing giants,

probiotics and cholesterol lowering food, organic food, fast food, food additives, eating out and alcohol); and world tables on agriculture and consumption. If you want to know the state of the world of under-nutrition and over-nutrition, or that the amount of grain needed to feed one person for one year on a meat-based diet is 930 kg or on a grain-based diet is 180 kg and many more questions answered, then this is the book. Very good for students and general readers. However, if instead you want to have a deeper look at food and agriculture and related issues then visit the website of the Food and Agriculture Organization of the United Nations (...). 0 of 0 people found the following review helpful. Great graphics explain complex information By Dr Garry The long-running "State of the World" series, of which this is a member, consists of handsome two-page maps, graphics and commentary on a wide range of issues. In many senses, the series has been superceded by any of the many free online sources available, such as the CIA World Factbook, which are much more current than any book could be given the time-lag between its writing and its publication. But the book's graphics are exemplary in their clarity. Even though the data may be outdated on its very publication date, I would recommend this for the simple way in which it presents complex information. I would especially recommend this to enquiring children and young adults. 5 of 8 people found the following review helpful. Great book exposing the machine/industry behind what we eat By doesitmatter Over the last few years I have developed an interest in finding out where things come from and how they are built/grown/processed. Specifically the everyday things we take for granted in our consumer society. Whether it be food products, electronics, autos, clothing, energy products, or the raw materials it takes to build these products. Sort of like discovering your family history maybe, except I'm doing it for the things we consume. I have traveled for 1+ year over the last 2 years. Most recently 7 months straight through Asia and Australia, and parts of Arabia. When I first heard about this book at the New Internationalist magazine website the title intrigued me immediately. I quickly ordered a copy on . This book (As I've discovered many of the titles in the Penguin Atlas series) is so easy to read and conveys so much information with just a quick glance. The author has covered so many aspects of the "modern food chain." Many that even those who might consider themselves knowledgeable probably would not have thought of. Each 2 page spread's statistical sources are identified in the back for further research. This is one of those books that I feel should be distributed for free to every household in heavy consumer nations (US, Japan, Western Europe, Australia). As international trade continues to skyrocket more books like this are needed on a host of other industries/categories - like some of the ones I mentioned earlier. As much as a book can, this book goes a long way toward reducing the ignorance of reality caused by the disconnect from where things come from and where they are consumed.

From the excessive use of grain to satisfy meat-eating demands to the safety of new food technologies, The Penguin Atlas of Food utilizes ninety-six pages of maps and graphics to show how the food chain is affected by historical events, political economy, natural disasters, and changing lifestyles.

From Booklist By means of colored maps, bar graphs, pie charts, and data tables, Millstone and Lang make comprehensible a wealth of complex statistical data on where the food we eat comes from, who eats what, who produces it, and what that means for nutrition, the environment, and economics. In full-color graphics, the authors show how nations compare with one another on such diverse topics as disease, over- and under-nutrition, animal feeds, pesticide use, trade flows, staple foods, fast food, alcohol consumption, and advertising. The authors clearly intend to demonstrate the results that globalization and technological advance have wrought. Graphs on food aid clearly show that despite its huge aid outlay, the U.S. actually contributes through governmental channels comparatively little of its wealth. Supplementing the graphs, a massive table lays out precise numbers from which the graphs were generated, and a bibliography provides guidance through the source documentation. Most all data cover the years 1999-2001. This is a significant and valuable guide to worldwide food-related statistics. Mark Knoblauch Copyright American Library Association. All rights reserved About the Author Dr. Erik Millstone is a senior lecturer in science policy at the University of Sussex. Tim Lang is chair of Sustain and a consultant to the World Health Organization.