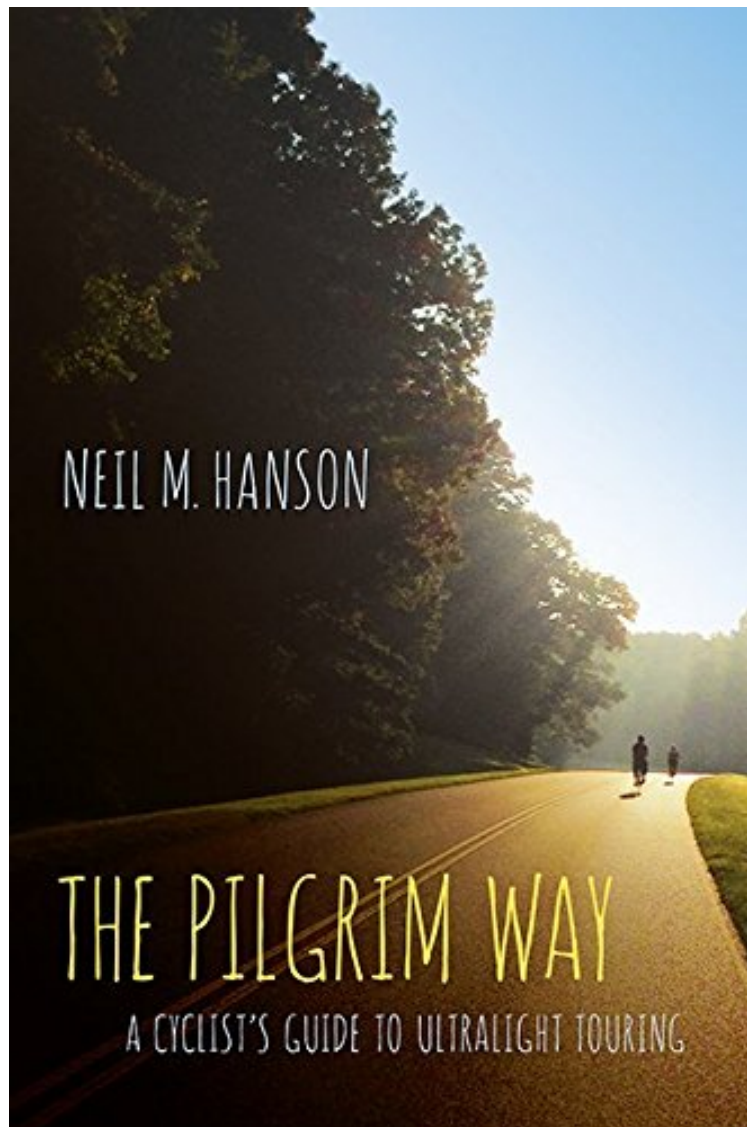


(Ebook pdf) The Pilgrim Way: A Cyclist's Guide to Ultralight Touring

The Pilgrim Way: A Cyclist's Guide to Ultralight Touring

Neil M Hanson

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A complete description of the logistics, route, and details of a journey across America on a bicycle. "The Pilgrim Way" is an essential guide for those planning long-distance touring in general, or a cross-country trek specifically. Written for the cyclist considering unsupported long-distance touring without a mountain of gear, "The Pilgrim Way" offers a minimalist approach to bicycle touring, focusing on the enjoyment of the ride more than the schlepping of gear. - Detailed route, directions, and descriptions - Preparation and training - Bicycles and gear - Provisions and fuel for the body - Riding alone

About the Author A lifelong cyclist, Neil Hanson's two-wheeled adventures have taken him across America, along the Natchez Trace, and throughout northern Italy. Originally from Kansas, Neil currently lives in Colorado, where he navigates his bicycle up and down the inclines of the Rocky Mountains. His books include two deep and introspective journey stories woven around his cross-country trip--"Pilgrim Wheels" and "Pilgrim Spokes"--as well as this how-to minimalist touring guide, "The Pilgrim Way."