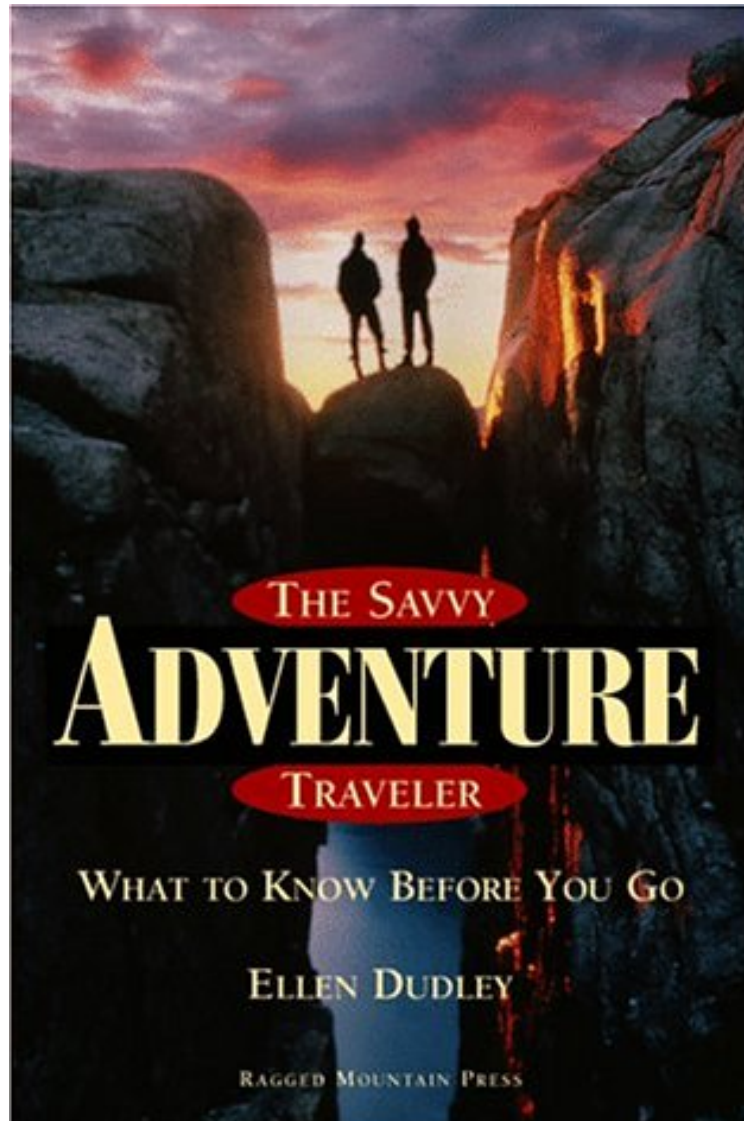


[Download pdf] The Savvy Adventure Traveler: What to Know Before You Go

The Savvy Adventure Traveler: What to Know Before You Go

Ellen Dudley

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#17761334 in Books 1998-08-19Original language:EnglishPDF # 1 9.25 x 6.00 x .50l, #File Name: 007018013X166 pages | File size: 64.Mb

Ellen Dudley : The Savvy Adventure Traveler: What to Know Before You Go before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Savvy Adventure Traveler: What to Know Before You Go:

1 of 1 people found the following review helpful. Nice surprise!By Marshall MorrowIf you find only one new idea from this book it will repay its cost many times over. The book has lots and lots of suggestions, mostly just codified good common sense. As an experienced adventure traveller, I was pleasantly surprised to find several novel ideas plus a few fresh twists. The focus on the solo woman traveller is interesting, but most of the material is not gender

specific. The fresh idea? I had never thought to make a photo copy of my passport to carry in a different place in case of loss. Although I have never lost a passport, I have heard plenty of horror stories. Not pretty! Great idea, thanks. To extend that idea, I now carry a photo copy of my air tickets too.

Many a dream trip has been ruined because the adventure traveler wasn't properly prepared. Navigating foreign customs and beautiful but dangerous destinations takes the savvy of a veteran adventurer. Ellen Dudley has traveled the world from the Serengeti Plain to the Arctic. Here she shares her hard-won knowledge about how to-- Choose your trip -- and your guide-- Get in shape in time-- Stay safe and comfortable in the outback Only this guide has it all: everything you need to know, from the first day of planning to the last night on the peak of Machu Pichu.

From the Back Cover The most complete and reliable guide to adventure travel: How to prepare; What to expect; How to prepare for the unexpected. Ready for an exotic vacation, active and exciting, far off the beaten path? Dozens of adventure travel companies lead trips to remote regions and colorful cultures around the world. Whether you return a happy camper... well, that's another matter. You can't guarantee a no-surprise trip. (Would you want to?) But you can do everything possible to prepare for the challenges you're bound to meet - with the help of The Savvy Adventure Traveler. This unique travel book is the only single source for absolutely everything you need to know to make your trek or tour the trip of a lifetime: What these trips are like, and who goes on them, Where and when to go. How to choose the right adventure travel company. What your family doctor and travel agent might not know. Weighing risks versus rewards. Countdown to departure: A vital checklist. Protecting yourself from plague and pestilence. Matching your fitness to your itinerary. Shaping up to ship out. Traveling light: What to take and how to pack it; Essential little items that could save your life; Special tips "For Women Only"; Trips for everyone, from teenagers to golden-agers; Places to go "before it's too late"... and much more! You'll also find invaluable advice on what to do once you're there: Eco-etiquette; Third-world manners, capturing memories; coping with emergencies; staying safe, healthy, and comfortable. Filled with tips (what to do), red flags (what to beware of), and illustrative anecdotes (live and learn), The Savvy Adventure Traveler is the ideal primer for that magnificent journey to the grand unknown.