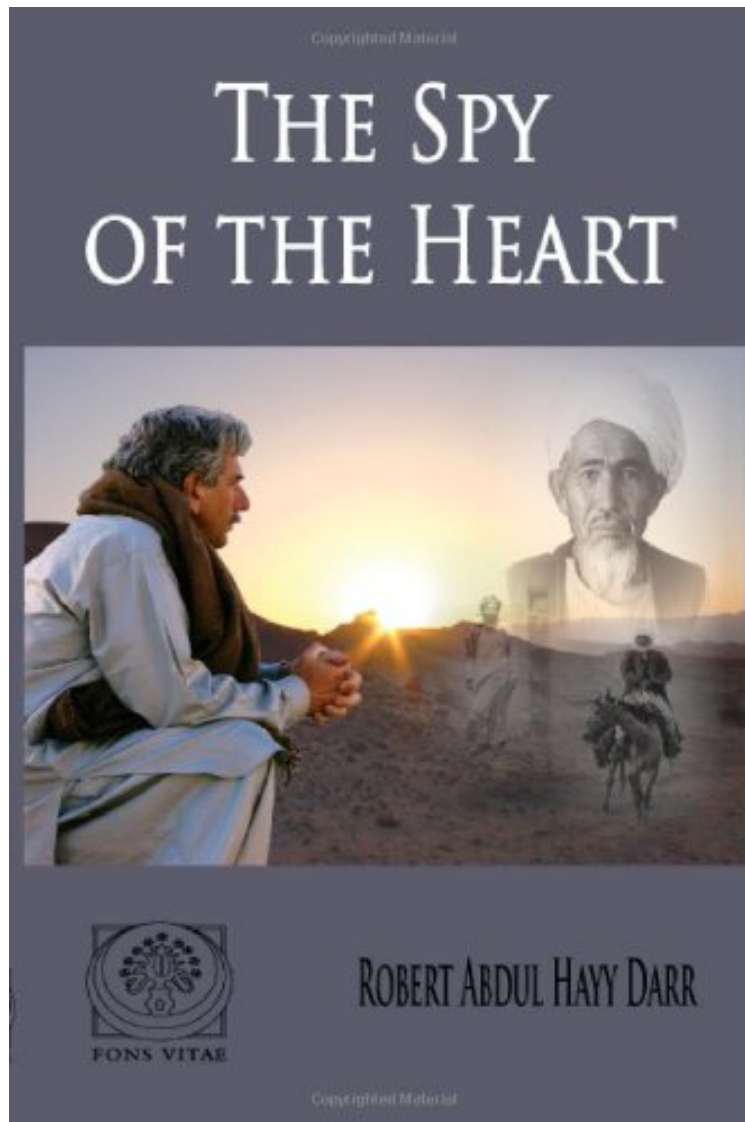


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The Spy of the Heart

Robert Abdul Hayy Darr

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4 of 4 people found the following review helpful. An excellent book, unique perspective, and a great read!By William F. Zachmann[[VIDEOID:mo2EYIE617G71DE]]The Spy of the Heart Robert Darr's book is an essential (and very interesting) read for anyone who wants to understand the background of one of the major conflicts of the 21st Century: The threats posed by radical Islamist movements like al Qaeda and the Taliban not only to the West, but to the existing

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Exploring the doctrines and practices of contemporary Islamic spirituality in Afghanistan, this book draws the reader into the complex world of Sufism, the mystical dimension of Islam. Because of its long history of metaphysical and theological inquiry, Sufism has over the centuries developed a religious sophistication that offers an alternative to militant and literalist Islam. The narrative and personal descriptions of the people and cultures of rural Afghanistan allow readers to better understand the positive aspects of Islam and to feel the depths of Afghan yearning and sorrow after decades of war.

"This fascinating autobiographical travelogue . . . presents a more positive view of Islam than currently represented in the Western press. . . . The Spy of the Heart is a simply told, but an intensely gripping story of study and later initiation into Sufism." Professor Leonard Lewisohn, PhD, Islamic Studies Department, University of Exeter