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Richard Peace

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Richard Peace : The Ultimate C2C Guide: Coast to Coast by Bike: Whitehavenor Workington to Sunderland or Newcastle (Sustrans National Cycle Network) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Ultimate C2C Guide: Coast to Coast by Bike: Whitehavenor Workington to Sunderland or Newcastle (Sustrans National Cycle Network):

This is a completely new, fully updated edition of the best selling guide to the UK's premier long distance cycle route - around 140 miles of superb scenery, from the Irish Sea to the North Sea, taking in the Lake District and the Northern Pennines on the way. As part of Sustrans' National Cycle Network, the C2C uses mainly traffic-free paths and minor roads and is fully signed and waymarked. It is completed by thousands of cyclists every year. This is the complete guide, including detailed 1:50,000 maps of all route options, directions, what to see and do, accommodation, places to eat and much more. The guidebook covers the route from Whitehaven or Workington to Sunderland or Newcastle.

About the Author Author Richard Peace has written and photographed more than 20 cycling titles as well as being a contributor to numerous cycling magazines and websites including Cycle (the Cyclists Touring Club magazine), Cycling Plus, Bikeradar and Freewheeling France.